

SUNDAY, MARCH 23
Third Sunday of Great Lent
Veneration of the Cross

TONE 6

Tone 6 Troparion *(Resurrection)*

The Angelic Powers were at Thy tomb; the guards became as dead men. Mary stood by Thy grave, seeking Thy most pure body. Thou didst capture hell not being tempted by it.

Thou didst come to the Virgin, granting life. O Lord, Who didst rise from the dead, // glory to Thee.

Tone 1 Troparion of the Cross

O Lord, save Thy people, and bless Thine inheritance!

Grant victories to the Orthodox Christians over their adversaries; and by virtue of Thy Cross, // preserve Thy habitation!

Tone 4: You were bound for good deeds, O martyr of Christ: George; by faith you conquered the torturer's godlessness. You were offered as a sacrifice pleasing to God; thus, you received the crown of victory. Through your intercessions, forgiveness of sins is granted to all.

Tone 7 Kontakion *(Cross)*

Now the flaming sword no longer guards the gates of Eden; it has been mysteriously quenched by the wood of the Cross.

The sting of death and the victory of hell have been vanquished; for Thou, O my Savior, hast come and cried to those in hell: // "Enter again into Paradise!"

Tone 4: God raised you as his own gardener, O George, for you have gathered for yourself the sheaves of virtue. Having sown in tears, you now reap with joy; you shed your blood in combat and won Christ as your crown. Through your intercessions, forgiveness of sins is granted to all.

Kontakion – Steadfast Protectress of Christians, / constant advocate before the Creator, / do not despise the entreaties of us sinners, / but in your goodness hasten to help us who cry out to you with faith: / Speedily hear our petition and intercede for us, O Theotokos, / for you always protect those who honor you
(Instead of the Trisagion, we sing:)

Before Thy Cross, we bow down in worship, O Master,
and Thy holy Resurrection we glorify.

Tone 6 Prokeimenon (Cross)

O Lord, save Thy people, / and bless Thine inheritance! *(Ps. 27:9a)*

V. To Thee, O Lord, will I call. O my God, be not silent to me! (Ps. 27:1a)

Epistle

(311) Hebrews 4:14-5:6

Alleluia, Alleluia, Alleluia!

V. Remember Thy congregation, which Thou hast purchased of old! (Ps. 73:2)

V. God is our King before the ages; He has worked salvation in the midst of the earth! (Ps. 73:13)

Gospel

(37) Mark 8:34-9:1

(Instead of "It is truly meet...", we sing the following)

Hymn to the Theotokos

All of creation rejoices in thee, O Full of Grace:

the assembly of angels and the race of men.

O sanctified temple and spiritual paradise,

the glory of virgins, from whom God was incarnate and became a Child: our God

before the ages. He made thy body into a throne, and thy womb He made more

spacious than the heavens. All of creation rejoices in thee, O Full of Grace. / /

Glory to thee!

Communion Hymn

The light of Thy countenance has shone on us, O Lord. *(Ps. 4:7a)*

Alleluia, Alleluia, Alleluia!

Church announcements

Orthodox Study and Vespers on Saturdays at 5pm with Father Alin March

Liturgy of the Pre-sanctified Gifts Fridays at 6pm Refrain from eating after 12pm

to receive Communion If anyone needs to get a hold of Father Anderson Michael

Anderson phone number (858) 717-2172 vrevkmichaela.com
