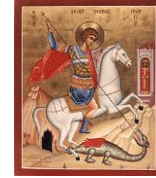


03/15/2020



**Saint George The Great Martyr
Eastern, Orthodox Church**

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**Second Sunday of Lent. St. Gregory Palamas. Martyr Agapius and those with him.
Fr. Arkadi Serving**

Tone 6 Troparion (Resurrection)

The angelic powers were at Your tomb; the guards became as dead men. Mary stood by Your grave, seeking Your most pure body. You captured hell, not being tempted by it. You came to the Virgin, granting life. O Lord, Who rose from the dead, // glory to You.

Tone 8 Troparion (St. Gregory Palamas)

O light of Orthodoxy, teacher of the Church, its confirmation, O ideal of monks and invincible champion of the theologians, O wonderworking Gregory, glory of Thessalonica and preacher of grace, // always intercede before the Lord that our souls may be saved!

*Troparion Saint George You were Bound for Good Deed.....
Glory to the Father and to the Son, and to the Holy Spirit*

Tone 4 Kontakion (from the Lenten Triodion)

Now is the time for action! Judgment is at the doors! So let us rise and fast, offering alms with tears of compunction and crying: "Our sins are more in number than the sands of the sea; but forgive us, O Master of all, // so that we may receive the incorruptible crowns!"

Tone 8 Kontakion (St. Gregory Palamas)

Holy and divine instrument of wisdom, joyful trumpet of theology, together we sing your praises, O God-inspired Gregory. Since you now stand before the Original Mind, guide our minds to Him, O Father, // so that we may sing to you: "Rejoice, preacher of grace!"

Kontakion Saint George: God RaisedNow and ever...Steadfast protectors

Tone 5 Prokeimenon

You, O Lord, shall protect us / and preserve us from this generation forever. (Ps 11/12:7)
v: Save me, O Lord, for there is no longer any that is godly! (Ps 11/12:1)

Tone 1 Prokeimenon (St. Gregory Palamas)

My mouth shall speak wisdom, / the meditation of my heart shall be understanding. (Ps 48/49:3)

Epistle Hebrews 1:10-2:3 Hebrews 7:26-8:2 (St. Gregory Palamas)

Tone 6 Alleluia, Alleluia, Alleluia! *v: He who dwells in the shelter of the Most High will abide in the shadow of the heavenly God. (Ps 90/91:1) v: He will say to the Lord: "My Protector and my Refuge; my God, in Whom I trust." (Ps 90/91:2)*

Tone 2 (Triodion) *v: The mouth of the righteous shall meditate wisdom, and his tongue shall speak of judgment. (Ps 36/37:30)*

Gospel Mark 2:1-12 John 10:9-16 (St. Gregory Palamas)

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(Instead of "It is truly meet...", we sing the following) **Hymn to the Theotokos**

All of creation rejoices in you, O Full of Grace: the assembly of Angels and the race of men. O sanctified temple and spiritual paradise, the glory of virgins, from whom God was incarnate and became a Child – our God before the ages. He made your body into a throne, and your womb He made more spacious than the heavens. All of creation rejoices in you, O Full of Grace. // Glory to you!

Communion Hymn! Praise the Lord from the heavens! Praise Him in the highest! (Ps 148:1) Alleluia, Alleluia, Alleluia

Quotes from the Saints

The Lord came to send fire upon the earth (cf. Lk. 12:49), and through participation in this fire He makes divine not just the human substance which He assumed for our sake, but every person who is found worthy of communion with Him.— **Gregory Palamas**

Reasonable natures have free will, and can turn to the good or the bad voluntarily by themselves. They either attach themselves to God's will, which results in their continuous progress, improvement and advancement, or they oppose God's will, are justly subjected to what He permits, and sink wretchedly from bad to worse. — **Gregory Palamas**

prayers for the livings: Abbot Tryphon, Sam and his Family ,Fred, Anne, Peter, Juan, Juan, Ruth, Debrutu,Elena, Denise,Michaela, the child of God Sophia and her parents and family, Elizabeth Daniel and their Newly Born Daphne, Gregory and Mary, Anastasia, Joseph, Isidoros, Vaso, Angela, Nick, Nick, Sonya and Dragosh, Timothy, Eric & Betsy and their Children ,Zayden,Manny.

Prayers for the Departed: the servant of God, Fr.John, Betty, Alice, Mt Elizabeth, ,Efsevia, And all the orthodox that lies here and there sleep in the Lord.

REMINDER

*** during lent, every Wednesday @6:00 PM there will be reader Vesper, unless we have a priest for Pre-sanctified Liturgy. On Friday @6:00 PM Akathist to the Most Holy Theotokos Followed by Lenten meal and review of the Book how to acquire the mind of Christ.

***Every Saturday at 11:00 Am we will meet and practice For Pascha .everyone is welcome to participate. (Wishing you all a blessed Lenten Journey)

*** I'm excited to announce the upcoming visit of Fr. Mathew Tate (Dean of Diocese of the west) he will be with us March 21st for vesper and the 22nd for liturgy.

*** His Eminence, Arch Bishop Benjamin will visit our Parish on Thomas Sunday April 26th.

*** So far, I have two Presanctified Liturgy Scheduled during lent March 18th, and April 15th. If the Lord bless us, and we have a priest to help us with this I will let you all know. Presanctified Liturgy is a very beautiful and humbling service. We should partake in it every chance we have.

*** this year the Church Will be making Special Tall Candles for the Children at palm Sunday, the Cost is \$15.00 please let me know if you are interested and if it is for a Boy or a girl!

Oh Lord and Master of My Life. Take away from me the spirit of sloth, despair and lust of power and idle talk. But rather grant unto me, the spirit of chastity, faith and love to thy servant. Yeah oh lord and king! Grant to me that I see my own transgression, and not to judge my brother. For Blessed art thou unto ages of ages, Amen. (May the prayer of Saint Ephraim the Syrian, be in your mind and heart everyday throughout our Lenten journey)

03/15/2020

